



# ASIAN STYLE DRESSING

*A healthy recipe by THE HEALTH BOOST*

## INGREDIENTS

- 2 tbsp sesame oil
- 2 tbsp tamari
- 2 tbsp mirin
- 1 tbsp sesame seeds

## METHOD

1. Mix the sesame oil, tamari and mirin in a small bowl until combined.
2. Add the sesame seeds.
3. Serve with thinly sliced cucumber.