



# TAHINI AND GINGER DRESSING

*A healthy recipe by THE HEALTH BOOST*

## INGREDIENTS

2 tbsp tahini  
1 tsp grated ginger  
1 lemon, juiced  
1 tsp Dijon mustard  
Splash of water

## METHOD

1. Add all the ingredients to a small bowl and whisk until combined.
2. If you store your ginger in the freezer then when you grate it won't be all stringy!
3. Use immediately or store in an airtight container for up to 2 days.